

Postgraduate NP Residency Program

HealthNet's mission is to improve lives with compassionate health care and support services, regardless of ability to pay.

Program Description

HealthNet's postgraduate NP residency program is a full time, one year training program for newly graduated & certified Family Nurse Practitioners. Program participants agree to a two-year commitment, one year as a resident and one as an independent primary care NP.

Core elements include continuity clinic, specialty rotations, procedure training, and formal didactic training in a high volume complex and urban setting.

Aim Statement

Provide new Nurse Practitioners with the skills, support, and confidence to provide quality driven care to clinically and socially complex patients in medically underserved communities.

Program Drivers

- Increase patient access to quality driven primary care at HealthNet
- Provide new NPs committed to practice careers as Primary Care Providers (PCPs) with an intensive training experience focused on training to clinical complexity and high performance
- Provide a highly structured transition from university to practice that supports the development of confidence, competence, and mastery in the Federally Qualified Health Center (FQHC) setting
- Attract new NPs to HealthNet and improve long term retention through intensive support in first year
- Utilize the postgraduate training year to develop expertise in high volume/high burden conditions such as: Diabetes, Hypertension, Behavioral Health, Chronic Pain, Chronic Lung Conditions, and Preventative Care
- Introduce new PCPs to innovations like team-based care and data driven Quality Improvement
- Provide educational opportunities utilizing formal didactic sessions, including hands on skills training, and participation in Project Echo
- Increase provider and staff job satisfaction and wellness in those who are involved in the precepting and teaching portions of the program

Core Competencies

- Primary and secondary health prevention
- Diabetes
- Hypertension
- HIV Prevention
- Cardiovascular Disease
- COPD
- Depression/Anxiety
- Substance Use Disorder
- Contraception

Key Roles

- Chief Medical Officer
- NP Residency Clinical Director
- Administrative Leader
- Preceptors
- Mentors

Core Elements

- **Precepted Continuity Clinics:** Exclusive attention of an expert preceptor
- **Mentored Clinics:** See patients within Primary Care Provider's schedule
- **Specialty Clinics:** Includes OB/GYN psych, pharmacy, school-based & more
- **Didactic Sessions:** Lectures led by providers, resident led journal review, case-based studies, Curbsiders Internal Medicine Podcast Discussions
- **Quality Improvement:** Azara DRVS data-based quality improvement with focus on social determinants of health and preventative health prioritization

Scan the QR code to learn more about HealthNet or visit us online at indyhealthnet.org!

