



## Homemade for HealthNet

STEP 1	<p><b>Learn more</b> about <i>Homemade for HealthNet</i> by visiting <a href="http://www.indyhealthnet.org/Fabric-Masks/">www.indyhealthnet.org/Fabric-Masks/</a>. You'll find links to other helpful resources there. We've also included some helpful information below.</p>
STEP 2	<p><b>Gather your supplies.</b> You can find great resources, patterns and guidelines through <a href="#">Deaconess Health</a> or <a href="#">JoAnn's fabrics</a>. We have included instructions for making masks with elastic ear loops and/or ties. <i>Please note that elastic is currently in limited supply.</i></p>
STEP 3	<p><b>Begin Construction:</b> If you are <i>well</i>, and are <i>working in a smoke-free environment</i>, you can begin constructing masks for HealthNet patients and members of the healthcare team.</p> <ul style="list-style-type: none"> <li>• We suggest laundering your fabric prior to construction.</li> <li>• Some patterns suggest the insertion of a wire or wired product to create a bendable nose ridge. Please skip this step.</li> <li>• If you are feeling ill, please focus on your health! You can begin sewing again once you are well.</li> <li>• Please refer to the <b>FAQ</b> for more information.</li> </ul>
STEP 4	<p><b>Drop off</b> your finished masks to a receiving HealthNet location. They are:</p> <p><b>Barrington Health &amp; Dental Center</b> 3401 E Raymond St. Indianapolis, IN 46203 Dropoff M-F, 9AM – 4PM</p> <p><b>Bloomington Health Center</b> 811 W. 2<sup>nd</sup> Street Bloomington, IN 47403 Drop-off M-Th 9AM – 4:30P</p> <p>Look for the white tent outside the health center. HealthNet staff will happily receive your donation! <i>You will not be entering the clinic.</i> If you are unable to leave your home or reach one of these locations, please email <a href="mailto:Info@INDyHealthNet.org">Info@INDyHealthNet.org</a></p>

## FAQ

**What type of masks do you need?** HealthNet is in need of double-ply masks made of tightly woven cotton fabric. We need both pediatric (children-sized) and adult-sized masks. There are a number of patterns available. We welcome all.

**Are there guidelines or “rules” for making these masks?** Yes. We want to make certain our masks are safe for everyone who may use them.

- Please **avoid fabrics with glitter** or any type of a relief texture.

- We do welcome masks made with **elastic ear loops or ties**.
- Please **do not insert wire or wire-type products in order to create a bendable nose ridge**. There are a lot of suggestions online (i.e. floral wire, pipe cleaners, twist-ties). HealthNet is kindly asking you to **avoid this step** in patterns altogether.
- In the interest of our patients, we are seeking masks **made in smoke-free homes**.
- Also, we ask that you **not sew masks if you are ill**. We are happy to receive your hand-crafted masks once you are feeling better.

**What type of “ties” are permitted?** Bias tape fabric ties are fine; **no beaded cording; no silk or satin ribbons**. If you are unable to find bias tape, you can make your own.

**Should I wash the masks before donating them?** **No**. HealthNet has volunteers who will be inspecting, laundering and preparing the masks for use once we received them. **However**, we highly suggest **washing your fabric prior to construction**.