Virtual Newborn Basics Groups

Join HealthNet’s Newborn Basics Group from the comfort of your own home!

The health and safety of you, your baby, and our team members are our priority. That’s why we are offering a virtual option for Newborn Basics Group. We will send you an email invite with details to join the class.

HealthNet’s Newborn Basics Group

In this group you will learn:

- How to take care of your baby in the first month of life
- 5 soothing techniques for newborns
- You will get a BABE Coupon once you complete the class

To join the group you will need:

- An email address
- Computer or mobile device
- Internet access

Dates and Times

Groups are held every other month on Tuesday’s from 6:00 p.m. – 7:30 p.m.

- February 22, 2022
- April 19, 2022
- June 21, 2022

Register

You can sign up for a class 3 ways:

- At your prenatal visit,
- Online through your Patient Portal, or
- Call 317-957-2022

Registering through your Patient Portal

1. Log into your Portal account
   - If you do not know your username or password, select the option “Can’t access your account?”

2. Create a “General Message”
   - **Facility:** Choose your health center
   - **Provider:** Choose your OB provider
   - **Subject:** Type “Newborn Basics Group” in the subject line
   - **Message:** Type the date of the class you would like to attend

3. Click “Submit”

You will be contacted to confirm your registration.