



Is this you?

The unthinkable has happened,
and you're confused:

*This should never have
happened to me.*

Where do I turn?

**Get CONNECTED:
Call 2-1-1**

*Connect2Help has the expertise
to help get your life back on track ...*



Caring hearts, understanding and
answers are available at Connect2Help.



We empower you to tackle the
challenges that are holding you back.

Today can be a "new day."



At Connect2Help, we put people in need
together with people who can help.



Connect  **Help**™

It's never business as usual at Connect2Help

When you call us at 2-1-1, a caring Specialist will be there to help you with your individual needs.

Connect2Help Specialists work with you to make a plan that gives you the help and resources for a brighter tomorrow. We're just one phone call away.

We're here for you

DEAR READER,

If you're not familiar with 2-1-1, think of it as 9-1-1 for social service needs.

Connect2Help 2-1-1 provides information and assistance with food, utilities, aging issues, counseling and finding safety from violent situations. We are your primary source for community, health, crisis and disaster information.

Our staff is trained and dedicated to providing a caring, professional source of guidance and advocacy. Connect2Help is accredited by both the Alliance of Information Referral Systems and the American Association of Suicidology. We are your bridge to a better tomorrow.

2-1-1: It's easy to remember, easy to use, free, confidential and available 24/7. You have a place to call for help whenever you or a loved one needs it.

Sincerely,



Lynn Engel
President and CEO



"Connect2Help has become an integral part of the safety net that connects our neighbors in need to the services that will help them. I appreciate them being there when a resident dials 2-1-1."

— *Indianapolis Mayor
Greg Ballard*

Get Help. Don't Wait!
Call 2-1-1



Help and Healing

"You saved my life!" These words were heard as soon as the Connect2Help Specialist answered the phone. The week before, "A" had received a call from this very distraught and suicidal person. With calm, caring compassion "A" had helped the caller understand the ramifications of suicide on her loved ones and the ways to overcome the problems that had led her to that critical point. She called back to thank the 2-1-1 Specialist who had helped her come back truly from the "brink of despair."

A mother's concern: A distraught mother called early one morning, upset about her son. He was 16 years old and struggling with issues of sexuality and she had made an unkind comment to him. She was hurt and mad at him but she was concerned, too. She didn't understand what was happening to her son.

While compassionately acknowledging this mother's confusion, Connect2Help Specialist "T" drew on her training and experience to help the mom handle her emotions and take the steps to help her son and heal their relationship.

"My husband is going to kill me!" These chilling words and other statements just like it are heard every single day at Connect2Help 2-1-1. More and more people are finding themselves in situations which become increasingly more dangerous as economic pressures, substance abuse and other issues cause the people they love to turn into violent strangers.

Connect2Help 2-1-1 has the connections and the resources to help you and your family find safety and comfort, relief from anxiety, and a path to a better future.

Please call. We can help.

Building Bridges

Recently, an 80-year-old woman in dire straits had missed her payment on her gas utility budget plan. She was unable to raise the \$86 she needed to keep her service from becoming disconnected.

Realizing the woman needed help very quickly and knowing most assistance program funds had been depleted and that getting an appointment with the trustee would take too long, the 2-1-1 Specialist contacted a social service agency director and was able to make arrangements so that the woman was able to keep her gas service.

Connect2Help's trained and knowledgeable staff are aware of many community programs that act as bridges to a better tomorrow. Over time, and with continued efforts, your problems can be solved or alleviated. Call us today or any day, 24 hours a day. We can help.



Get Back on Track

Is stress affecting your family due to a job reduction or loss? Are you struggling with divorce or separation? If you have not worked outside the home or have limited job experience, Connect2Help 2-1-1 has the expertise to help get your life back on course.

We can connect you with our

partners, including community services, faith-based organizations and government agencies to help provide you with employment services, food, medical care, and other help for families in need.

We're here to get you through even the most trying of times. Our highly trained staff and the professionals we work with can help alleviate family and work pressures.

Job loss is definitely tough, not just financially, but emotionally as well. Call 2-1-1 today.

Don't let your problems stockpile. We can help.

Support Rx

As we all get older, many of us are faced with the reality that our aging parents may need assistance. Some people struggle with caring for children at the same time and others have been forced to leave their jobs to provide this needed assistance.

It is very important that, as you work to care for your elderly or disabled loved one, you get the help you need and also take care of yourself.

Connect2Help 2-1-1 partners with many programs that can help provide in-home services, financial assistance and caregiver respite help.

You need help to deal with the extra demands on your time, your abilities, and your resources. Call us. We can help.

Connect2Help: A vital part of our community's safety net

Every day, Connect2Help puts people in need together with the people who can help.

"Being able to help people in need makes me realize how important what we do at Connect2Help is," says one Connect2Help specialist.

Maybe today, YOU don't need help. But every moment, your neighbor, a friend, a loved one or a colleague does.

Let your friends know about Connect2Help. Our Specialists are highly trained and nationally certified. We have a wealth of knowledge about available resources. Here are only a few needs we can help with:

- > Food
- > Housing
- > Health Care
- > Employment
- > Support Groups
- > Parent Counseling
- > Education
- > Clothing
- > Shelter
- > Volunteering
- > Legal Aid
- > Disaster Assistance
- > Hispanic Outreach
- > Holiday Assistance
- > Suicide Prevention
- > Mental Health Services

"Connect2Help provides an incredibly important service in central Indiana. Oftentimes, the first step to a solution to a personal or family problem is to call 2-1-1. Not only is the service vital to our community, Connect2Help provides it in a competent and caring way."

— Ellen Annala,
President/CEO, United
Way of Central
Indiana



Our Community Partners

"Connect2Help provides a critical service to central Indiana. The staff who answer the phone lines are helpful, efficient and knowledgeable, and they're prepared to meet basic needs or more complex ones, like helping people find safe shelter, food, employment and other necessities. Connect2Help meets a basic community need for information and referral by caring about the people on the other end of the phone line."

— Joy Mahoney, board member, Connect2Help;
Associate Director, Marketing and
Communications, American
Diabetes Association



"You do a great service to our community when you support Connect2Help with your financial gift. Help us let people know they matter. Together we can make a difference when you donate to Connect2Help."

— Brian Kovacs, board chair,
Connect2Help; Senior Vice
President/CIO,
Walker
Information



Let's join forces. Banding together, we can do great things.

Connect2Help™

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